



OPEN SPACE MEDICINAL PLANT WALK

**APRIL 22, 2018,
10:30AM - NOON**

Join the Fairfax Open Space Committee and Morgan Seip on April 22nd, which is Earth Day, to go on an informative foraging hike. The hike will be approximately 1.5 hours long and we will learn about all the available medicinal plants in our open spaces. Please email the chairperson of the Open Space Committee, Lauren Hinxmann, at lhinxmann@nUSD.org if you have any questions.



- **Morgan Seip will be your amazing guide. She has trained with the California School of Herbal Studies, as well as the Dogwood School of Botanical Medicine.**
- **The hike will be about a moderate 2-mile walk**
- **We will meet at Peri Park at 10:30 am, where we will caravan to the Cascade Canyon Open Space hiking area to begin our journey.**

Price is by a suggested energy donation, \$10-20, although no one will be turned away for inability to pay.

